



# Ami Yoshida

She / Her

## I'm Committed To

Delivering efficient and effective solutions to complex problems

## What Holds Me Back

### from Being at My Best

1. Stress
2. Self-doubt and uncertainty
3. My tendency to fixate over the details until the outcome looks "perfect"
4. When I lose sight of the big picture

## I Work Best When

1. I have a clear vision for the outcome
2. Direction of the work is clear
3. There is great team communication

## My Favorite Quote

"The purpose in life is to find your gift. What gives life meaning is to give it"

- Pablo Picasso

## 5 Words To Describe Me

Proactive, straightforward, resilient, curious learner

## Do's And Don'ts

### for Communicating with Me

1. Don't hesitate to be straightforward and honest
2. Do tell me your goals before getting into the details
3. Please understand I may struggle to articulate ideas into words at times

## My Ideal Day Involves

Spending great time with family and friends, good food, desserts with dark chocolate & coffee

## What Makes Me Smile

My husband, my son, dark chocolate, good coffee, good food, get-togethers, painting, traveling