



Glasa Gottschalk

She / Her

I'm Committed To

Creating a safe space where authenticity and belonging thrives, so you can bring your whole self

What Holds Me Back from Being at My Best

1. Being constantly attracted to "the next thing" which pulls me away from being fully present
2. Overthinking or over-analyzing decisions
3. Not asking for help sooner

I Work Best When

1. I believe in the mission and vision
2. In synergistic environments
3. There is clear communication and expectations
4. There is an equitable and inclusive environment

My Favorite Quote

"Do the best you can until you know better. Then when you know better, do better"

- Maya Angelou

5 Words To Describe Me

Curious, resilient, grounded, determined, inclusive

Do's And Don'ts

for Communicating with Me

1. Do be unapologetically authentic
2. Do be candid about expectations
3. Do be open to other perspectives
4. Don't make assumptions; create a conversation instead
5. Don't sugar coat it

My Ideal Day Involves

Early AM quiet time, watching the sunrise, taking my dogs on a hike, coaching & business planning, quality time with family & friends

What Makes Me Smile

Witnessing others show up as their authentic unrefined self, observing the beauty in other cultures, visioning, feeling the sun on my face/grass on my bare feet, hiking, camping, traveling, road trips, game nights, singing, dancing, good music, time with family and friends, making my husband laugh, sitting by the firepit, seeing my pups run free spirited in the forest, good food, and a great dark beer