



Stacey Patillo

She / Her

Stacey Patillo delivers a high-energy and practical approach to coaching leaders looking to elevate their game and influence others. She brings a multidisciplinary background to coaching on leadership development, from understanding workplace dynamics and relationships, to helping leaders get clear on the impact they can make. Stacey's seen firsthand how cultivating self-awareness leads to big picture learnings, growth and success.

Stacey has sat on all sides of the table as a manager, an employee and a coach. Whether it's managing fast growing teams, helping scale startups or serving as a coach, Stacey understands the tensions that come with honest and vulnerable conversations, particularly around virtual team management, diversity and inclusion, and multigenerational teams.

Stacey holds a Masters degree in International Development & Service, a BA in Business Management from Indiana University, is a Professional Level Certified Coach (PCC) through the International Coach Federation (ICF), and is a Board-Certified Health and Wellness Coach. At her core, Stacey is a Love Activist that is passionate about self empowerment and interconnectedness.



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I'm Committed To

Helping people deepen their conscious connection to the world

What Holds Me Back

from Being at My Best

1. When I feel responsible for other people's problems
2. Over analyzing things
3. Taking on more than I should when I'm wanting to be helpful
4. Not getting outside time in nature

I Work Best When

1. I have freedom to create within a well-defined framework
2. I'm privy to the big picture and motivation-driving actions

My Favorite Quote

"We do not think ourselves into new ways of living, we live ourselves into new ways of thinking"

– Richard Rohr

5 Words To Describe Me

Introspective, love-activist, helpful, outdoorsy and faithful

Do's And Don'ts

for Communicating with Me

1. Do be blunt and direct
2. Do give feedback
3. Do allow space for me to talk through concepts and processes
4. Loud music or whining kids
5. Do give me a timeframe for when you need responses from me
6. Don't sugarcoat or appease me

My Ideal Day Involves

A quiet cup of coffee outside, a challenging hike, productive time studying / writing / coaching, a good meal with close friends & family

What Makes Me Smile

1. Beautiful views on hikes
2. When I receive an unexpected video call from my nephew