



# George Rohrer

## I'm Committed To

Help others lead from their best self

## What Holds Me Back

### from Being at My Best

1. Having to focus on operations
2. Trying to please others by over- promising and then under delivering
3. Missing moments to contemplate and connect with the greater context

## I Work Best When

1. I balance action with reflection
2. I consider the context first
3. I lead through wisdom and integrity

## My Favorite Quote

"Everything can be taken from a man but one thing: the last of human freedoms - to choose one's attitude in any given set of circumstances, to choose one's own way"

– Viktor Frankl

## 5 Words To Describe Me

Insightful, authentic, committed, compassionate, and easy-going

## Do's And Don'ts

### for Communicating with Me

1. Do be honest and open
2. Do assume positive regard
3. Do be open to new perspectives
4. Do say it, rather than write it
5. Don't avoid giving feedback

## My Ideal Day Involves

Meaningful conversations, insightful learning, a swim / steam / sauna, a good IPA or coffee, being loving to all things

## What Makes Me Smile

1. A good and clever joke
2. People authentically expressing lovingness