



# Niels Gott

He / Him

Niels is a leadership development coach and positive psychology practitioner. He is passionate about helping leaders and teams explore new ways of working that focus on unlocking a team's true potential.

During his 22 years of military service, he had the unique opportunity to see a variety of leadership styles in a variety of circumstances. As a result, he became fascinated with how leadership is cultivated and maintained. Additionally, it was during this time that he was exposed to positive psychology through the roll-out of Master Resilience Training. This eventually led him on his journey to become a coach, through the graduate Executive Coaching certificate at The University of St. Thomas.

Niels is fascinated by stories of courage and strength and loves to help clients both raise self-awareness and seek discomfort. As a veteran, he is passionate about being part of causes larger than himself. Niels is also a Founding Partner of the Center for Coaching in Organizations, and volunteers with Bunker Labs to help other veterans realize their entrepreneurial dreams.



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## I'm Committed To

Finding more awe in the world

## What Holds Me Back

### from Being at My Best

Bureaucracy, hierarchy, process. Formality over humanity. Stealth expectations.

Meetings for the sake of meetings, that go to time and not objectives.

Measuring against the gap rather than the gain.

## I Work Best When

I have autonomy and purpose, and I'm part of a community that cares about psychological safety. And when I get to work with people who laugh and have fun!

## My Favorite Quote

"Those who have a 'why' to live can bear with almost any 'how'."

– Viktor E. Frankl, *Man's Search for Meaning*

## 5 Words To Describe Me

Curious, Insightful, Humorous, Passionate, Enthusiastic

## Do's And Don'ts

### for Communicating with Me

1. Be direct.
2. Be kind.
3. Own your story.
4. Set boundaries and name assumptions.
5. Don't leave the "unsaid" for later.

## My Ideal Day Involves

Physical activity. Time outdoors and/or with loved ones. Shared experience, passionate work, stories, positive energy!

## What Makes Me Smile

My wonderful kiddos! Being in nature. Learning something new.