

I'm Committed To

Being a servant heart enabling a transformational light to others

What Holds Me Back

from Being at My Best

- 1. Not trusting my instinct enough
- 2. Overextend on my pleaser saboteur
- 3. Getting into the weeds

I Work Best When

- There is an environment of collaboration & diverse thinking
- 2. The energy is positive
- 3. Objectives, roles & responsibilities are clear
- 4. Feedback is constructive
- 5. I'm empowered

My Favorite Quote

"You cannot discover new oceans unless you have the courage to lose sight of the shore"

5 Words To Describe Me

Authentic, wise, servant heart, curious, passionate

Do's And Don'ts

for Communicating with Me

- 1. Be You
- 2. Be Here Now
- 3. Be Prepared
- 4. Be Open Minded

My Ideal Day Involves

Quality time with family/friends, good food and beverage, outdoor activity, reflective calm, personal growth, meaningful contribution

What Makes Me Smile

My wife & son, family gatherings, sunshine, boating, our Boston Terrier (Dozer), pasta, cycling on a nature trail, serving someone in need