



# Yvonne Zeman

She / Her

## I'm Committed To

Inspiring others

## What Holds Me Back

### from Being at My Best

Task based work, not sleeping, rigid systems, when perfection is a higher priority than progress, lack of innovation

## I Work Best When

I have autonomy, flexibility, and human interactions throughout the day. Give me guidelines, not rules, so I can create and take risks.

## My Favorite Quote

"Our greatest glory is not in never falling, but in rising everytime we fall" - Confucius

## 5 Words To Describe Me

Confident, inspiring, loyal, determined, and energetic

## Do's And Don'ts

### for Communicating with Me

Do ask permission to provide feedback, do be honest with me, do let me know what the conversation is about first or the goal of the conversation. I don't need all the details - please summarize!

## My Ideal Day Involves

Waking up early and moving right away (walk, workout, etc), listening to a podcast or book, going to a party/gathering with my family, exploring outside, grilling in the backyard, and getting the kids to bed early.

## What Makes Me Smile

My son's eyes, my daughter's personality, my husband's unconditional support, large cities, comedic podcasts, the sun, and crafting mocktails.