



Lindsay McKay

She / Her

I'm Committed To

The power of connections, helping others see the possibilities ahead of them, and staying true to the foundation of it all: my family

What Holds Me Back

from Being at My Best

Overthinking or over analyzing situations, aiming for perfection when progress would serve better, and sometimes stretching myself too thin by taking on too much at once.

I Work Best When

I have clarity on expectations and priorities, space to collaborate and learn through action and the support of people who hold me accountable

My Favorite Quote

"The world is changed by your example not your opinion" - Paulo Coelho

5 Words To Describe Me

Loyal, thoughtful, resilient, connector, hardworking

Do's And Don'ts

for Communicating with Me

Be clear and direct. Offer space for me to process. Offer constructive feedback (in the moment if possible). If it's a tougher conversation ask permission first. Don't overcomplicate things or leave things up for interpretation. Be honest and genuine.

My Ideal Day Involves

A slow morning with my family, a workout, walk Uptown with my goldens, husband, and daughter for coffee, good weather to sit at the lake with family and take in all of life's blessings

What Makes Me Smile

My daughter's smile and laugh. My dogs retrieving golf balls off the dock. Watching my husband as a dad. Helping others. A nice crisp martini with hand stuffed blue cheese olives.